

WEEK OF MARCH 14TH

MORNING 10:15 AM

MONDAY 14

**This Week at OCWB**

Check in to see what's happening in our office for the week.

Conference #: 804.316.9457  
Conference ID: 240 642 543#  
Video: <https://bit.ly/3f5liHu>

**Self Care Mondays**

Join Dr. B to get tips on self care

Conference #: 804.316.9457  
Conference ID: 470 243 420#  
Video: <https://bit.ly/3i6Sjr9>

AFTERNOON 2:15 PM

TUESDAY 15

**Navigating Childcare Services**

Learn how the state childcare program works

Conference #: 804.316.9457  
Conference ID: 161 045 029#  
Video: <https://bit.ly/3hYH96L>

**Recruitment Event: VCU**

Speak with recruiters about their current openings and how to apply!

Conference #: 804.316.9457  
Conference ID: 243 088 994#  
Video: <https://bit.ly/3i09euB>

WEDNESDAY 16

**Family & Community Healing:**

**Relationship Well Being**

Get tips on Relationship well being

Conference #: 804.316.9457  
Conference ID: 403 072 942#  
Video: <https://bit.ly/3rHQ8zb>

**What We Offer MYA Preview**

Get updates on the Mayor's Youth Academy

Conference #: 804.316.9457  
Conference ID: 535 626 090#  
Video: <https://bit.ly/3uEO7Wc>

THURSDAY 17

**Community Resources**

Get info on resources in the area

Conference #: 804.316.9457  
Conference ID: 672 230 110#  
Video: <https://bit.ly/3iFDfkr>

**Virtual Information Session**

Learn how to enroll in the OCWB Program!

Conference #: 804.316.9457  
Conference ID: 381 753 505#  
Video: <https://bit.ly/3f7ZRYH>

# WOMEN'S HISTORY MONTH

WEEK OF MARCH 21ST

MORNING 10:15 AM

MONDAY 21

**This Week at OCWB**

Check in to see what's happening in our office for the week.

Conference #: 804.316.9457  
Conference ID: 240 642 543#  
Video: <https://bit.ly/3f5liHu>



TUESDAY 22

**A Better Day LLC**

Learn about this program and how it helps the community

Conference #: 804.316.9457  
Conference ID: 528 204 059#  
Video: <https://bit.ly/37cyawG>

**Recruitment Event: YWCA**

Speak with Recruiters about their current openings and how to apply!

Conference #: 804.316.9457  
Conference ID: 214 217 752#  
Video: <https://bit.ly/3CAQsU6>

WEDNESDAY 23

**A Celebration of Women around the City of Richmond**

Special session to celebrate Women's History Month

Conference #: 804.316.9457  
Conference ID: 579 645 718#  
Video: <https://bit.ly/3CCZa41>

**Workplace Excellence:**

**Reasonability**

Get tips on how to conduct yourself in the workplace

Conference #: 804.316.9457  
Conference ID: 660 340 15#  
Video: <https://bit.ly/3vZQTpQ>

THURSDAY 24

**Ask OCWB**

Open Forum to ask questions to OCWB staff

Conference #: 804 316.9457  
Conference ID: 780 919 119#  
Video: <https://bit.ly/33MnROj>

**Virtual Information Session**

Learn how to enroll in the OCWB Program!

Conference #: 804.316.9457  
Conference ID: 381 753 505#  
Video: <https://bit.ly/3f7ZRYH>



OFFICE OF  
**COMMUNITY  
WEALTH BUILDING**

## Virtual Workforce Sessions

Download the  
Microsoft Teams App  
to use on your phone



# MARCH 2022